



# SPIC MACAY 11TH INTERNATIONAL CONVENTION

IIT Kharagpur

1500 Delegates | 6 Yog | 28 Intensives | 35 Performances | 250 Artists | 200+ Institutions

**ARRIVAL:** Delegates should arrive at IIT-KGP strictly between 4pm on 24 May up to 7am on 25 May, 2026

**DEPARTURE:** Departure time strictly between 2pm to 11pm on 31 May, 2026

## SCHEDULE

### DAY 1 - Monday, 25 May 2026

TIME (IST)	PROGRAM	VENUE
7:00 AM - 8:30 AM	Personal Time & Holistic Breakfast	
8:30 AM - 9:00 AM	Morning Inauguration Ceremony	
9:00 AM - 12:30 PM	Screening of the film 'The Making of the Mahatma' Interaction with Shri Rajit Kapur	
12:40 PM - 1:50 PM	Holistic Lunch	
2:00 PM - 4:00 PM	Orientation of all delegates, Orientation of teachers	
4:00 PM - 4:45 PM	Nadaswaram	
5:00 PM - 6:00 PM	Holistic Dinner	
6:00 PM - 7:00 PM	Formal Inauguration	
7:00 PM - 9:15 PM	Evening concerts	

### DAY 2 to DAY 5 (Tue, 26 May - Fri, 29 May 2026)

TIME (IST)	PROGRAM	VENUE
4:00 AM - 7:00 AM	Hatha Yog / Naad Yog / Meditation	
7:00 AM - 7:15 AM	Shramdaan	
7:15 AM - 8:50 AM	Personal Time & Holistic Breakfast	
1:10 PM - 1:50 PM	Yog Nidra	
2:00 PM - 5:00 PM	Afternoon session	
5:00 PM - 6:00 PM	Holistic Dinner	
6:15 PM - 9:15 PM	Evening concerts	

**DAY 6 - Saturday, 30 May 2026**

TIME (IST)	PROGRAM	VENUE
4:00 AM - 7:00 AM	Hatha Yog / Naad Yog / Meditation	
7:00 AM - 7:15 AM	Shramdaan	
7:15 AM - 9:00 AM	Personal Time & Holistic Breakfast	
1:10 PM - 3:30 PM	Participant presentations in 6 different venues	
4:00 PM - 7:00 PM	Yog Nidra	
8:00 PM - 8:30 PM	Acknowledgement Session	
8:45 PM - 6:00 AM	Overnight concerts	

**DAY 7 - Sunday, 31 May 2026**

TIME (IST)	PROGRAM	VENUE
6:00 AM - 9:00 AM	Personal Time & Holistic Breakfast	
9:00 AM onwards	Heritage tours	

**MORNING YOG: 4:00 am - 7:00 am - Tue, 26 May - Sat, 30 May 2025**

Sl.	Art Form	Venue
1	Hatha Yog	
2	Naad Yog	
3	Koodiyattam	
4	Sattriya/ Heartfulness Meditation	
5	Hatha Yoga/ Gurbani	
6	Naad Yog/ Brahma Kumaris Meditation	

**INTENSIVES: 9:00 am - 12 noon - Tue, 26 May - Sat, 30 May 2025**

Sl.	Art Form	Venue
1	Classical Dance - Bharatanatyam	
2	Classical Dance - Kathak	
3	Classical Dance - Kathakali	
4	Classical Dance - Kuchipudi	
5	Classical Dance - Odissi	
6	Classical Dance - Manipuri	

Sl.	Art Form	Venue
7	Classical Dance - Sattriya	
8	Classical Dance - Mohiniyattam	
9	Koodiyattam	
10	Dhrupad	
11	Hindustani Vocal - 1	
12	Hindustani Vocal - 2	
13	Gurbani	
14	Kabir Vaani	
15	Carnatic Vocal - 1	
16	Carnatic Vocal - 1	
17	Western Choir	
18	Rabindra Nritya	
19	Gond	
20	Bihar Tikuli Art	
21	Sholapith	
22	Handloom Weaving	
23	Sculpture	
24	Brahma Kumaris Meditation	
25	Seraikella Chhau	
26	Heartfulness Meditation	
27	Hatha Yoga - 1	
28	Hatha Yoga - 2	

## HERITAGE TOUR: Sunday, 31 May 2026

Sl.	Venue	Timings
1	Nature Walk (inside IIT Kharagpur campus)	10.00am - 11.00am
2	Half day	10.00 am - 1.00 pm
3	Full day	10.00 am - 4.00 pm

**Note:** All Timings are in IST